



Annual Report 2025



To view a list of compassionate supporters, such as yourself, scan the QR code or visit:
www.mow-nm.org/2025-AR-donors



You Delivered More Than a Meal!

Thanks to you, our amazing donors and volunteers, 2025 was yet another year of record growth and impact. You delivered 264,730 meals to over 2,100 neighbors in need. You brought nutritious meals and social connection to thousands of seniors, people who are homebound, and low-income households.

Your support in 2025 also fueled major progress towards achieving our 5-year Million Meals campaign goal. So much so that the millionth meal will be delivered in 2026, a full year ahead of schedule.

Thank you for helping Meals on Wheels New Mexico serve more people than ever before, in more areas of the state, without a waitlist.



88%

of clients reported feeling less isolated after receiving meals

92%

of clients reported having more independence

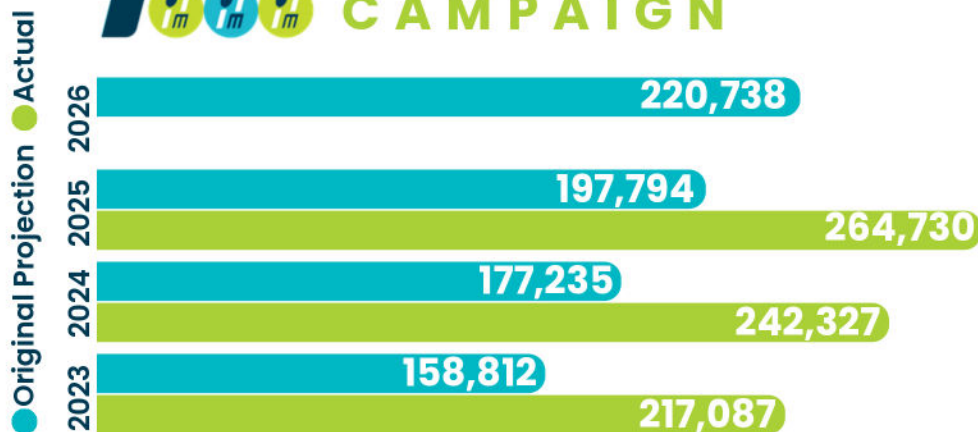
93%

of clients reported that MOWNM enables them to live at home

98%

of clients reported that MOWNM improves their quality of life

Million Meals CAMPAIGN

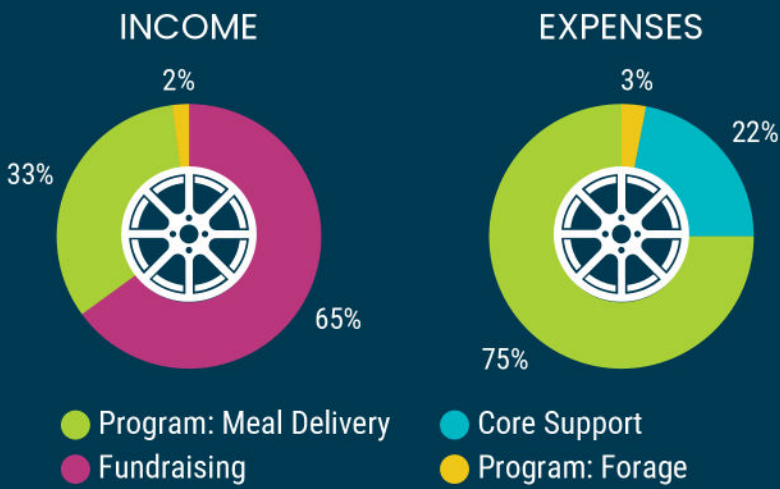


Project Emergency Meals

When the government shutdown in October 2025, you stepped up through Project Emergency Meals to help neighbors facing sudden hunger. With disruptions to SNAP benefits, food insecurity rose quickly—especially for seniors, who are among the most at risk.

Because of you, homebound and disabled neighbors who couldn't reach a food bank still had meals. In a time of uncertainty, your generosity in providing hundreds of meals to your neighbors in need was a lifeline.





**The financials listed in this report are unaudited.*

You Look Out For Elaine!

Elaine’s home is filled with photos of the people she loves most—her children, grandchildren, and great-grandchildren who bring her joy. At 68, she lives alone in a trailer she once planned to travel in with her husband. After his open heart surgery, he passed away, and her plans changed.

These days, Elaine doesn’t get out much and leans on kind neighbors when she can. After three back-to-back hospital stays, even simple tasks became harder. That’s when her social worker connected her to Meals on Wheels.

Because of you, Elaine now receives nutritious meals and friendly visits that help her stay healthy and independent at home.



I feel like I’m worth something to someone.

Your support does more than deliver a meal—it brings meaningful connection. Each volunteer who visits Elaine is part of her support system. “They’re my friends now,” Elaine shares. “Just to see my volunteer that brings me the warm meal, it makes such a difference to me. It makes my day.”

One day, when she missed a delivery, her volunteer and the Meals on Wheels office quickly checked in to make sure she was safe. That moment meant everything. “They’re looking out for me,” she says. “I feel like I’m worth something to someone.”

Because of you, Elaine can remain safely at home—with dignity, care, and the comfort of knowing she’s not alone.

2,100

New Mexico neighbors nourished

↑ 10%
increase in daily meals

264,730

meals served across the entire state

↑ 9.24%
increase over 2024



193,052 miles driven by volunteers



4,361 grocery & pantry bags delivered



56,722 free newspapers delivered



18,188 lbs. of pet food delivered



Elaine, MOWNM Client

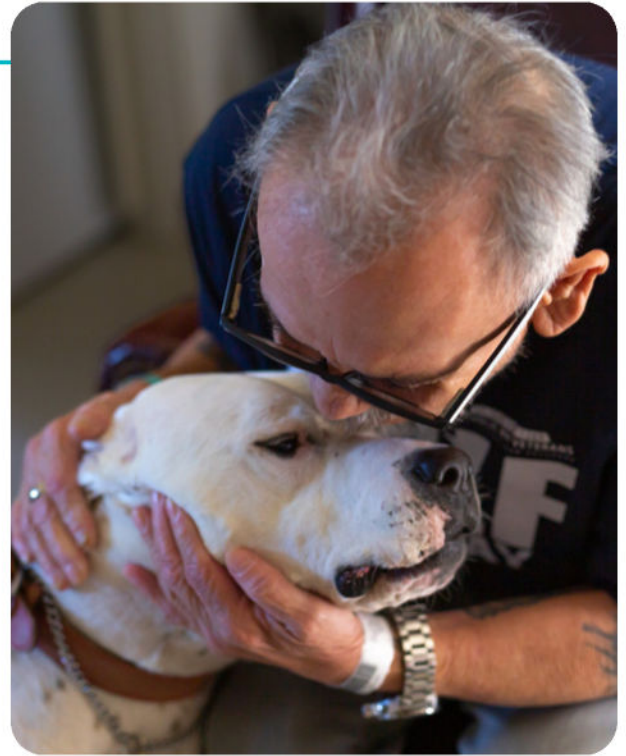
Pet Pals Keeps Tails Wagging

Last year was also the biggest year yet for the Pet Pals program. Your support delivered over 18,000 pounds of food to beloved cats and pups across the Albuquerque area. Over 350 pets received food and care thanks to this innovative program.

The best part? Over 85% of clients reported that your support of the program helped keep their pets in their home while 90% said Pet Pals helped keep their pet healthy. Thank you!

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My dog, Kyrie, provides me with comfort and love that I need and cherish, especially when I'm sick. Your assistance allows me to keep and care for my dog.



1 in 7 New Mexicans face hunger. Here's how you are changing that in 2026.

INCREASE

face-to-face delivery in towns of Placitas & Bernalillo

DELIVER

330,000 meals statewide—
24% increase over 2025

EXPAND

statewide service through frozen meal program

Special thanks to:

 **PRESBYTERIAN**



 **MEALS
on WHEELS
NEW MEXICO**



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