Thank you to Presbyterian Health Services, our generous provider of office, kitchen, and meal delivery facilities.

Thank you to Long Leash on Life for donating all the food for our clients' pets





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P.O. Box 92614 Albuquerque, NM 87199-2614 www.mow-nm.org





MEALS on WHEELS ALBUQUERQUE

TOGETHER, WE CAN DELIVER.



Fredi had a career as a Radio Highway Dispatcher. Now she lives with her son and daughter-in-law since her husband passed away many years ago. Her daughter-in-law set up MOW for her, because she and Fredi's son felt it was critical given that they are both working and Fredi can no longer cook for herself. She receives hot, nutritious meals three times per week. She says, "Meals on Wheels provides me with something fresh instead of always having a frozen mid-day meal."

2017 In Review . . . Let's Keep the Momentum of Meals and Friendship Going!

2017 140,347 meals

2016 135,014 meals

4% Increase!

That Averages 540 Meals Every Weekday!

People Served in 2017

1,312

Youngest

25

Oldest

110

Volunteers

More than 400 volunteers

19,585 hours

130,000 miles driven (5.2 times around the earth) over 34 routes (2 new routes opened)





"Meals on Wheels is fantastic! I am a lot healthier because of it. The volunteers are all great!"

Long Leash on Life Pet Program

59 Pets served

3,000 Pounds of pet food provided

Veterinarian visits provided

Grooming visits provided





How we use your gifts



We received <u>no</u> government funds and relied 100% on our donors and volunteers to provide quality, diet-specific meals to people who could otherwise go hungry.

Our vision for the next three to five years is to double the number of meals we deliver every day. Thank you for helping us keep the momentum going!

Our commitment is to provide nutritious meals to people in the most effective and efficient way possible; investing every dollar we receive from our donors to prepare, package, and deliver healthy meals to people who otherwise might go hungry.

The clients of Meals on Wheels of Albuquerque are grateful to you!



"The MOW volunteer is my only regular visitor"



"MOW improves my daily life"



"MOW gives me more independence"

