



MEALS
on WHEELS
NEW MEXICO



2022

ANNUAL REPORT



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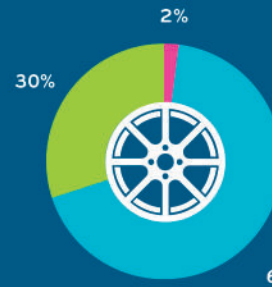
Kitchen staff member Hoss rolls out the day's meals!

YOU KEPT OUR MEALS ROLLING!*

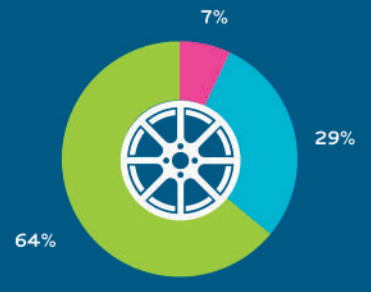
All funds earned or raised go to support meal delivery and core support functions like administration (accounting, computers, office supplies) and development (marketing, fundraising, donation management).

*The financials listed in this report are unaudited.

INCOME



EXPENSES



- Program: Meal Delivery
- Core Support: Advancement
- Core Support: Administration

FEEDING NEW MEXICO TOGETHER

You helped to deliver 149,710 meals to 1,547 neighbors in need in 2022! Nearly 500 volunteers spent 83,674 hours delivering meals across 37 routes throughout the city every week.

"I wish [other people] would get meals because they're really good!"

Mary, MOWNM Client



Read Mary's story at mow-nm.org/i-love-my-meals-on-wheels/



MAKING A DIFFERENCE IN CLIENTS' LIVES

Clients reported amazing outcomes thanks to the services you helped provide. Clients saw a 47% decrease in the number of falls, a 42% decrease in incidents of depression, and a 33% decrease in emergency doctor visits in 2022. By providing eight healthy, medically-tailored meal types to anyone who is hungry, you are helping to care for community members most in need!

"I LOVE TAKING MEALS TO MY CLIENTS!"

Cathy, MOWNM Volunteer



2022 In Review



12% of clients report a decrease in choosing between buying food or paying for bills and medicine



191,209 miles driven
(80% of the way to the moon!)



9 out of 10 clients say Meals on Wheels improves their quality of life



Over 100 furry friends received 5,231 pounds of pet food, dog walks, vet visits and more through our Long Leash on Life Pet Program



85% of clients say Meals on Wheels allows them to continue to live at home

Read Cathy's story at
mow-nm.org/i-love-taking-meals-to-clients/



50 YEARS OF SERVICE!

In 2022, you helped us celebrate our 50th anniversary. It is because of compassionate people like you that Meals on Wheels New Mexico (formerly Meals on Wheels of Albuquerque) can reflect on 4.5 million meals delivered since 1972! The year included the inaugural Celebrity Waiters event in support of low-income clients. We look forward to continuing to serve the community together for the next 50 years!



To donate visit:
mow-nm.org/annual-report-2023-donation/



See our 2022 supporters:
mow-nm.org/donors-2022/

SPECIAL THANKS TO



Our generous provider of office, kitchen and meal delivery facilities.

WE ARE EXCITED TO GROW WITH YOU IN 2023!



Million Meals Campaign



Learn more about the Million Meals Campaign at bit.ly/millionmealscampaign

"Meals on Wheels delivery drivers are the best! We look forward to seeing them each and every week."

MOWNM Client



Supporters and waiters celebrate the inaugural Celebrity Waiters event.