



2021

ANNUAL REPORT



PO Box 92614
Albuquerque, NM 87199
505-823-8060
www.mow-nm.org

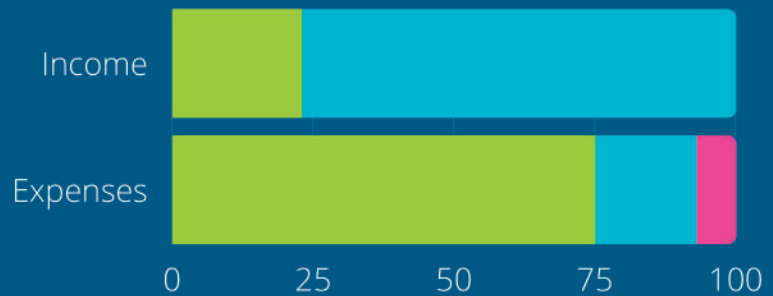




YOU KEPT OUR WHEELS TURNING! (FINANCIALS)

All funds earned or raised go to support meal delivery and core support functions like administration (accounting, computers, office supplies) and development (grant writing, fundraising, donation management).

- Program: Meal Delivery
- Core Support: Development
- Core Support: Administration



YOU HELPED FEED HUNGRY NEIGHBORS

You helped to deliver 138,000 meals to 1,500 neighbors in need in 2021! 90 permanent positions were added to the Low Income Food Enrichment (LIFE) Program in order to help the most vulnerable in the community. We are feeding more people thanks to your generosity!

"Bless all of you and whoever invented Meals on Wheels!"

Vivian, MOW Client



Read Vivian's story at mow-nm.org/Vivian

YOU HELPED IMPROVE CLIENTS' LIVES

Clients reported amazing outcomes thanks to the services you helped provide. Clients saw a 23% decrease the number of falls, a 32% decrease in incidents of severe depression, and a 44% decrease in emergency doctor visits in 2021. A majority of clients also reported that receiving services from Meals on Wheels helped them feel less isolated and stay more active despite a disability or mobility problems. Thanks to you, our clients are happier, healthier, and more independent!

“It makes me happy that there are people who care about people like me, because I’m disabled.”

Victoria, MOW Client



Year In Review



138,000 meals delivered by 500 volunteers



53% of clients report a decrease in choosing between buying food or paying for bills and medicine



120 furry friends received 4,255 pounds of pet food, 100 dog walks, vet visits and more through our Long Leash on Life Pet Program



9 out of 10 clients say Meals on Wheels improves their quality of life



89% of clients say Meals on Wheels allows them to continue to live at home

Read Victoria's story at mow-nm.org/Victoria





YOU DELIVERED!

500 volunteers spent 12,250 hours volunteering for Meals on Wheels of Albuquerque in 2021. When more volunteers were needed to help fill the gap from those who retired during the pandemic, the community stepped up and helped to fill 38 routes across the city Monday through Friday. We also began the switch from paper route sheets to a mobile delivery app, with nearly all volunteers trained by the end of the year!



To donate visit:
mow-nm.org/give



See our 2021 supporters:
mow-nm.org/donors2021

SPECIAL THANKS TO **PRESBYTERIAN**

Our generous provider of office, kitchen and meal delivery facilities.

“[Delivering for Meals on Wheels] has been special for all of us”

Nutan and son, Shiv, MOW Volunteers

WE ARE EXCITED TO CELEBRATE WITH YOU IN 2022!



Read their story at www.mow-nm.org/MeetNutan



*The names and likenesses of clients have been changed to protect client privacy.