Our furry friends thank you, too

Eighty percent of our clients have no regular visitors. For these people, a beloved pet offers much-needed companionship. Our Long Leash on Life program provides food and services to help our clients keep their pets by their sides.

Thank you to Long Leash on Life for their generous support of our Pet Program!

A thank you, from our clients to you!

“I want to thank everyone for the food and service. God bless you all!”

“We love the services. You make our lives so much easier.”

“I love that the volunteers take time to visit with me for a bit.”

Thank you to our 2018 supporters! mow-nm.org/donors2018/

2018 Board Members

Cecillia Rivas, President
S. Scott Davis, Vice President
Nancy LaForest, Treasurer
Erica Roesch, Secretary
Michael Armijo
Jessica Barrett
Jeffrey Cangialosi
Judie Jones
Honorable Idalia Lechuga-Tena
Paul Miskimin
Frederica Sawyer
Elizabeth Skerry
Linda Weber-Scott
Sarah Whitehurst

Management Team

Shauna M. Frost, Executive Director
Jessica Woodruff, Accounting and HR Director
Robin Falconer, Food Services Director
Tanja Jenkins, Program Director

2018 Annual Report

Nourishing bodies and spirits with balanced meals and friendship
You helped deliver a record number of meals to people in need.

2018 Highlights

- 1,254 clients served
- 102-23: Oldest 17% under the age of 65
- 28% a veteran or a veteran’s spouse
- 61% female, 39% male
- 145,000 meals delivered
- 557 meals served every weekday

Meet Edward

Thanks to you, Edward has been eating hot, daily meals for two full years.

Never a big cook himself, Edward says that he enjoys his meals and appreciates seeing his Meals on Wheels drivers each weekday.

Your support of Meals on Wheels is especially important to Edward as he is a single gentleman with no immediate family in Albuquerque. Your generosity ensures Edward gets the food and companionship he needs every day.

Meet Elizabeth

Elizabeth is another lifelong Albuquerque resident whose life you have changed for the better.

Living alone in a home with a small kitchen that makes cooking difficult, Elizabeth says Meals on Wheels is a great relief and has saved her from many painful burns on her stove.

She’s been enjoying hot meals from Meals on Wheels for so long, she says she doesn’t even remember when she started.

Elizabeth receives her meals daily and says the volunteers who come to her apartment are always friendly and courteous.

Thank you for all you do for Elizabeth!

The difference you make

90% “My quality of life has improved.”
88% “I have more independence.”
90% “I can continue to live at home.”

Meet Mike

Meals on Wheels volunteer Mike wants you to know what a tremendous difference you are making in the lives of our Albuquerque neighbors.

Having previously worked for seven years as a Meals on Wheels employee, Mike has been volunteering in the kitchen since January 2018. He says he is especially impressed with the care and accuracy that goes into the medically-tailored meals.

Thanks to your support, a registered dietitian plans meals for specific medical needs including diabetes, renal failure, heart issues, chewing and swallowing problems, and more.

Mike says he can’t emphasize enough how grateful and appreciative clients are for the nourishment and care they receive as a result of your generosity.

You keep our wheels turning

3.5% Deli
72.2% Meal services
12.2% Grants, Donations, Events
80.6% Meals and program expenses

How we raise funds

24.3% Grants, donations, and events
7.2% Core Mission Support

How we use your gifts

16,200 hours donated
131,543 miles driven (that’s 5.3 times around the Earth!)

552 volunteers

Meet Mike

42% have had fewer falls at home
26% have had fewer unscheduled doctor visits
55% decrease in choosing between food or medicine
53% decrease in clients battling depression

You deliver so much more than a meal

A recent survey reveals the positive ways clients’ lives have changed since they joined Meals on Wheels:

Please consider a generous donation to help your hungry neighbors in need!
Visit mow-nm.org/annualreport
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102 23 Oldest Youngest

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28% a veteran or a veteran’s spouse

61% female 39% male

145,000 meals delivered

14,570 meals served every weekday

You keep our wheels turning

How we raise funds

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7.2% Core Mission Support

12.2% Grants, Donations, Events

How we use your gifts

80.6% Meals and program expenses

552 volunteers

16,200 hours donated

131,543 miles driven

(That’s 5.3 times around the Earth!)

2 new routes opened

(36 routes total)

You deliver so much more than a meal

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