Fredi had a career as a Radio Highway Dispatcher. Now she lives with her son and daughter-in-law since her husband passed away many years ago. Her daughter-in-law set up MOW for her, because she and Fredi's son felt it was critical given that they are both working and Fredi can no longer cook for herself. She receives hot, nutritious meals three times per week. She says, “Meals on Wheels provides me with something fresh instead of always having a frozen mid-day meal.”

Thank you to Presbyterian Health Services, our generous provider of office, kitchen, and meal delivery facilities.

Thank you to Long Leash on Life for donating all the food for our clients’ pets.
The clients of Meals on Wheels of Albuquerque are grateful to you!

“The MOW volunteer is my only regular visitor”

“MOW improves my daily life”

“MOW gives me more independence”

“MOW lets me continue to live at home”

2017 140,347 meals  2016 135,014 meals  4% Increase!
That Averages 540 Meals Every Weekday!

People Served in 2017  1,312  Youngest  25  Oldest  110

Sources of funding
47% Private Pay Services
49% Grants, Donations, Events
4% Deli

How we use your gifts
82% Meals and Program Expenses
6% Administration
12% Fundraising

We received no government funds and relied 100% on our donors and volunteers to provide quality, diet-specific meals to people who could otherwise go hungry.

Our vision for the next three to five years is to double the number of meals we deliver every day. Thank you for helping us keep the momentum going!

Our commitment is to provide nutritious meals to people in the most effective and efficient way possible; investing every dollar we receive from our donors to prepare, package, and deliver healthy meals to people who otherwise might go hungry.

2017 In Review . . . Let’s Keep the Momentum of Meals and Friendship Going!

Volunteers
More than 400 volunteers
19,585 hours
130,000 miles driven (5.2 times around the earth) over 34 routes (2 new routes opened)

“Meals on Wheels is fantastic! I am a lot healthier because of it. The volunteers are all great!”

Long Leash on Life Pet Program
59 Pets served
13 Veterinarian visits provided
3,000 Pounds of pet food provided
17 Grooming visits provided

Pets served
Veterinarian visits provided
Pounds of pet food provided
Grooming visits provided

2017 People Served in 2016 Youngest Oldest
1,312 25 110
135,014 25 110

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